MERCER ISLAND HIGH SCHOOL

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We often talk in athletics about leaving a legacy as both an individual and as a team. Legacies in sports are created when a model for success is laid down by those that come before so that the people that take their place continue with a tradition of excellence. We all want to leave a legacy at Mercer Island High School that highlights our character and commitment to longevity. It is in that spirit that the Mercer Island Athletic department is teaming up with the Green Team to leave a legacy of sustainability within our athletic programs.

The Mercer Island Athletic Department is committed to encouraging sustainability in our programs. The athletic department is prepared show our support of the important work done by the Green Team. We are committed to creating the best environment for our athletes on and off the fields. Part of this commitment includes understanding our department's carbon footprint. Our actions affect the air we breathe, the water we use and the land we live on. We want to actively be a part of keeping our fields and the stadiums clean.

Following the lead of many of our area sports teams, the athletic department is taking a Sustainability Pledge. Below, you will find links to all the sustainability actions already happening with the Sounders, the Seahawks, and the Mariners. We want to significantly reduce our environmental impact by educating our athletes, coaches, and families on how to be more sustainable at our practices, in our travels and during our games.

Mercer Island School District has been part of the King County Green Schools program for a decade. We are now a part of 14 districts and more than 250 schools locally working to make a difference. We have made every effort to understand and reduce our environmental impact wherever they occur from our lunchrooms to the classrooms by reducing our waste and conserving our resources. By taking on the responsibility of sustainable practices, we can leave a positive legacy for all the future Islander athletes.

Go Islanders,

Kyle McKenna Athletic Coordinator Links to local sustainability efforts:

https://www.mlb.com/mariners/ballpark/information/sustainability

https://www.seahawks.com/news/seahawks-celebrate-sustainability-efforts-at-sunday-s-

game-against-the-te-196951

https://www.soundersfc.com/community-outreach/sustainability

Athletic Department Athlete/Coach Pledge:

1) Bring a reusable water bottle to practices and games.

2) Carpool to practices and games whenever possible.

3) Never leave trash on the field or in a stadium.

4) Always recycle plastic bottles, glass drinks, or aluminum cans.

5) Volunteer as a team once a year at a park, beach or city clean up.

6) Send electronic communications ahead of time so fans know to bring their own reusable water bottles to games because you won't be selling them.

7) Ask visiting teams to follow the above guidelines when they visit our fields.

8) Lead by example and properly sort our recycling and compostables at the stadium.