

What's on the Menu?

Islander Middle School Lunch Menu March Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Triple Cheese Panini with Tomato Soup Fruits & Veggies Bar	Taco Tuesday! Choice of Beef or Chicken or Black Bean with Topping Choices Fruits & Veggies Bar	Teriyaki Beef Dippers with Vegetarian Rice Fruits & Veggie Bar	Meatball Sub with Caesar Salad Fruits & Veggies Bar	Baked Potato Bar with Sweet Potato Chili and Toppings Choices Fruits & Veggies Bar
2nd mate	Meat Lover Pizza Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Meat Lover Pizza Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Meat Lover Pizza Cheese Pizza Pepperoni Pizza
grilled	Daily Selections: cheeseburger, breaded chicken sandwich, chicken nuggets				
	Spicy Chicken	Spicy Chicken	Spicy Chicken	Spicy Chicken	Spicy Chicken
SO DELI	Made to order sandwich and salad bar with your choice of: Assorted deli meats, cheeses & toppings on your choice of bread				
	Turkey & Cheese Hoagie	Turkey & Cheese Hoagie	Turkey & Cheese Hoagie	Turkey & Cheese Hoagie	Turkey & Cheese Hoagie
ONEGO	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
	Sunbutter & Jelly	Sunbutter & Jelly	Sunbutter & Jelly	Sunbutter & Jelly	Sunbutter & Jelly
	Bagel Fun Lunch	Bagel Fun Lunch	Bagel Fun Lunch	Bagel Fun Lunch	Bagel Fun Lunch
	Salads offered with dinner roll or breadstick				
extra	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit

ALL GRAINS ARE WHOLE GRAIN RICH

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Menus are subject to change without notice